



JUNE 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Support Group 10:00 a.m. Easton Memorial Hospital outside Birthing Center Karen Van Trieste 410-822-1000, ext. 5700	3	4	5	6
7	8	9	10	11	12	13
14	15	16 Support Group 10:00 a.m. Easton Memorial Hospital outside Birthing Center Karen Van Trieste 410-822-1000, ext. 5700	17 Support Group 9:30-11:00 a.m. YMCA of Easton Sarah Johnson, IBCLC 443-949-5180	18	19	20
21	22	23	24	25	26	27
28	29	30		Mid-Shore Services: Individual BF appointments are available on request for either prenatal education or follow-up after delivery. Peer Counselors and Lactation Consultant can be texted by clients between 8am & 10pm with breastfeeding questions. If phone goes to voice mail, please leave a message with the best time for a return call.		To Contact a Breastfeeding Peer Counselor near you: Katie: (410) 829-8656 {Lactation Consultant} Dana: (410) 829-8655 [Spanish] Anjolina: (410) 829-8654 Mid-Shore WIC Program: (410) 479-8060 or 1-866-551-2139 (Maryland toll free)



JULY 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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5	6	7 Support Group 10:00 a.m. Easton Memorial Hospital outside Birthing Center Karen Van Trieste 410-822-1000, ext. 5700	8	9	10	11
12	13	14	15 Support Group 9:30-11:00 a.m. YMCA of Easton Sarah Johnson, IBCLC 443-949-5180	16	17	18
19	20	21 Support Group 10:00 a.m. Easton Memorial Hospital outside Birthing Center Karen Van Trieste 410-822-1000, ext. 5700	22	23	24	25
26	27	28	29	30	31	



AUGUST 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4 Support Group 10:00 a.m. Easton Memorial Hospital outside Birthing Center Karen Van Trieste 410-822-1000, ext. 5700	5	6	7	8
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23/30	24/31	25	26	27	28	29